



# Beyond Limits

First Aid Training



qualsafe  
registered centre

## Qualsafe Level 2 Award in Cardiopulmonary Resuscitation and Automated External Defibrillation (RQF)



½ day  
course



Ofqual  
regulated



Certificate  
valid for 1 year



### Course Overview

**Did you know that following a cardiac arrest, every minute without CPR and defibrillation reduces a casualty's chance of survival by 10%?**

With an estimated 30,000 out of hospital cardiac arrests occurring every year in the UK alone, make sure you are prepared!

The **Qualsafe Level 2 Award in Cardiopulmonary Resuscitation and Automated External Defibrillation (RQF)** is a regulated and nationally recognised qualification that has been specifically designed to provide candidates with the knowledge and skills needed to perform cardiopulmonary resuscitation (CPR) and use a defibrillator safely in emergency situations.

### What's Covered?

- + Basic life support
- + Recovery Position
- + CPR
- + Choking
- + Safe use of a defibrillator
- + Procedures for when Emergency Services arrive
- + Basic defibrillator maintenance

Book Now with